

ZEN MASTER MIAO TSAN WILL BE IN HOUSTON FOR THE FOLLOWING  
PUBLIC GUIDED MEDITATIONS, DHARMA TALKS AND LECTURES MARCH 22-27

*Just Use This Mind*, (Bright Sky Press, 2011) Master Miao Tsan's new book, has been critically acclaimed in Taiwan and mainland China. Now available in English, it shows readers from any religious or philosophical tradition the importance of utilizing the power of the mind to master one's own thoughts and life.

**TUESDAY, MARCH 22, 2011**

**Guided meditation & talk about Healing,  
Pain Control, Health and Dharma**

Yoga Rasa Studio  
17226 Mercury Drive  
Houston, Texas 77058  
6:30 p.m. – 8:30 p.m.

***Just Use This Mind* Q&A and book signing**

8:30 p.m. – 9:30 p.m.  
RSVP 281-282-9400

\* \$25 suggested donation for the event

**WEDNESDAY, MARCH 23, 2011**

**Guided meditation, talk and book signing**

CuraYoga Yoga Studio  
3641-C Westheimer Rd.  
Houston, Texas 77027  
7:30 p.m. – 9:00 p.m.  
RSVP 832-428-0159

\* Donations are welcomed; proceeds to go to Vairocana  
Zen Monastery

**THURSDAY, MARCH 24, 2011**

**Zen Master Miao Tsan will meet  
with guests upon arrival**

Body, Mind & Soul Gift Shop  
4344 Westheimer  
Houston, Texas 77027  
6:30 p.m. – 8:30 p.m.

***Just Use This Mind* Q&A and book signing  
after lecture**

RSVP 281-734-2979

**FRIDAY, MARCH 25, 2011**

**Guided meditation & talk about Healing,  
Pain Control, Health and Dharma**

Bellaire Yoga Center  
5221 Bellaire Boulevard  
Bellaire, Texas 77401  
7:00 p.m. – 8:00 p.m.

***Just Use This Mind* Q&A and book signing**

8:00 p.m. – 8:30 p.m.  
RSVP 713-363-1106

\* Donations are welcomed; proceeds to go to Vairocana  
Zen Monastery

**SUNDAY, MARCH 27, 2011**

**Zen Master Miao Tsan is a guest lecturer for  
Dr. Bill Kerley's Educational Sunday Morning  
"Ordinary Life" Class of St. Paul's Methodist  
Church to be held at the MFAH**

Museum of Fine Arts, Houston –  
Brown Auditorium  
1001 Bissonnet (Museum is closed to the  
public; use front entrance)  
Houston, Texas 77006  
9:45 a.m. – 11:00 a.m.  
RSVP 713-663-7771



**What readers are saying:**

*"This is a book that will definitely change how you view your own life. I would certainly recommend this book to anyone who is courageous enough to want to know the true purpose of his or her life."*

*"Most of the time, we know we have problems and conflicts in our daily life, but we fail to pinpoint where the source of these problems lies or what the solution could be. This book is like an alarm bell to awaken us."*

**Master Your Life. Just Use This Mind.**

**[www.justusethismind.com](http://www.justusethismind.com)**  
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